

The Black Mountains Group Benefice

NEWSLETTER

June 2020



**Extending a huge thank you to all the public service workers who
keep the utilities running and the bins emptied,
as well as all the carers and NHS staff.**

And a special local thank you to Hopes of Longtown.

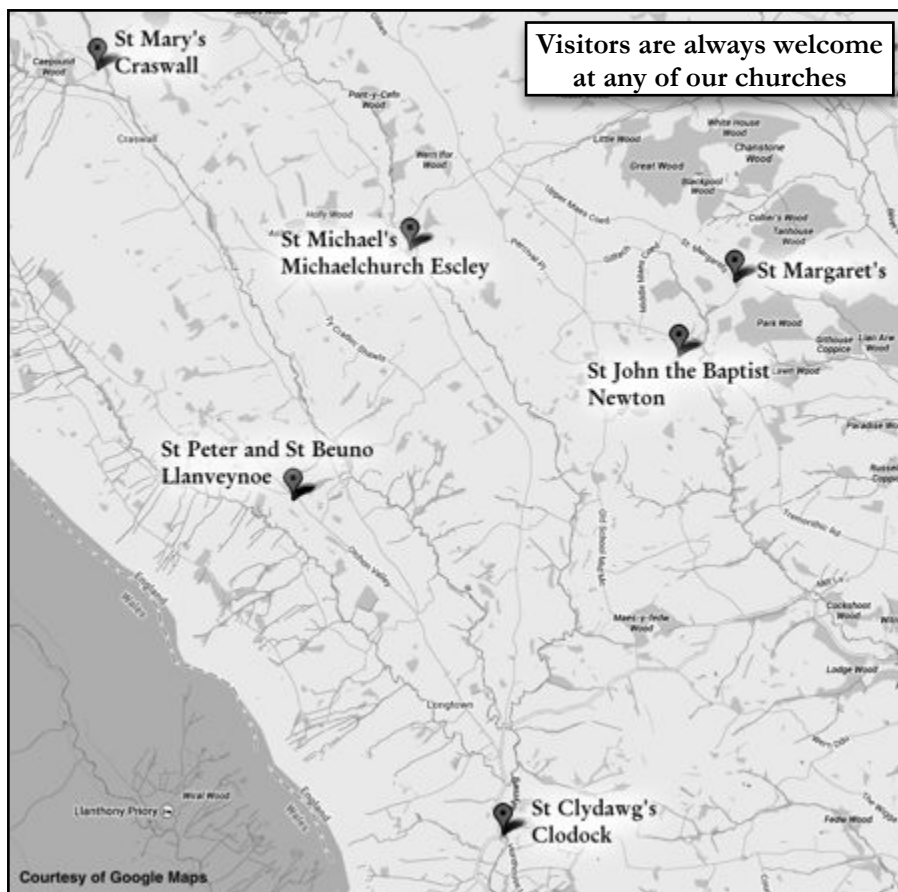
The Parishes of Clodock & Longtown with Craswall, Llanveytnoe,
St Margaret's, Michaelchurch Escley & Newton

Vicar and Rural Dean:

The Revd. Preb. Nicholas Lowton
Forest Mill, Craswall, Herefordshire HR2 0PW
01981 510675 lowton.nicholas@virgin.net

Min
50p
donation

www.bmgparishes.org.uk



Churchwardens

Clodock & Longtown

Mr Nick Vaughan 01873 860201

Craswall

Mr Graham Watkins 01981 510226

Mr Ken Watkins 01981 510213

Llanveynoe

Mr Donald Phillips 01873 860298

Commodore Peter Tribe 01873 860260

St Margaret's

Mr John Pritchard 01981 510628

Mrs Jane Baxter 01981 510388

Michaelchurch Escley

Mrs Olive Howells 01981 510228

Newton

(Vacant)

Please ensure all copy is with the editor by email or post before the deadline below.

Please send copy to
newsletter@corefields.com

Editor:

Mark Ewins
Marlands
Longtown HR2 0PD
01873 860829
newsletter@corefields.com

Advertising:

Jill Cook
Clodock Mill
Longtown HR2 0PD
01873 860408
jill@clodockmill.com

ISSUE

July 2020

August 2020

September 2020

COPY DEADLINE

17 June 2020

15 July 2020

19 August 2020

PUBLICATION DATE

28 June 2020

26 July 2020

30 August 2020



**Would you like to
Receive future
editions by email?**

For £6 per year a copy of each edition will be personally emailed to you in PDF format. Subscriptions may be paid by cheque or BACS.

**Enquiries to mark@corefields.com
Subject: Newsletter by email**

Please consider a subscription

For details please contact the editor.

We suggest a minimum donation of £6 per year if you are willing to collect your copy from a church, pub, Hopes of Longtown, or have it sent by email.

We suggest a minimum donation of £12 per year if you would like a copy posted to you.

Subscriptions may be paid either by cheque made payable to *Black Mountains Group Newsletter* and sent to the editor, or via BACS, details by email from the editor.

Privacy Statement

We hold contact details for subscribers to this newsletter, for contributors and for advertisers. The data we hold is restricted to your email address and telephone number, and postal address for subscribers who do not receive an electronic copy of this newsletter.

All data held is solely for the purpose of producing and distributing this newsletter. It is not available in any form to any third party. The legal bases for holding this data are Contract and Legitimate Interest. Your data will be deleted on termination or expiration of a contract or subscription, or on personal demand. For contractual and subscription purposes, the date of your most recent payment will constitute the date of consent for us to hold your data.

From the Vicar

It is so good to see all the imaginative ways in which people are showing their appreciation of all that those in the medical and caring professions are doing at this time – for us! People also seem to be more and more aware of others whose services they may possibly have taken for granted – like those involved in the production and distribution of food, shop workers, delivery drivers, postal workers, refuse collectors and a host of others. (I am bound to have left some key people out – apologies to them.) I am sure that the attitude of many parents towards teachers has also changed dramatically as they have struggled to teach at home. From my own experience, I am particularly grateful to funeral directors who are doing a challenging job – especially when dealing with those who have died with the Covid-19 virus – with their customary professionalism.

And it is not just with certain jobs and professions that our attitudes may have changed. People seem much kinder – or, perhaps, even kinder – to those around them. There has been a huge level of support to those in need or in apparent need, and a lot of effort has been going into keeping in touch with people. And it could be that we have each found in our lives that things which we thought important actually aren't, and things which we may have taken for granted we now really value.

Value is an important word. It is, possibly, only when crises like the current one emerge, that we realise exactly what we do value and what we don't. And, having discovered what we do actually value, it will be important, once the sun comes out from behind the big, black cloud, that we make sure that we hold on to those values which we now recognise. For at the heart of all those values is the importance of relationships. So many people are recognising now the many – sometimes subtle – ways in which we all actually depend upon each other and how important not just other people might be to us but also, remarkably, how we may be important to other people. And if we could manage, once this ghastly thing is over, to maintain that realisation, then something really good will have grown out of something really dreadful. And that will mean we will be recognising the need for each other, that we want to serve each other, that we are ready for others to serve us, and that, when differences arise – as they always will – they are addressed with civility and respect, not with aggression and bullying.

In John's Gospel in the translation a bit misleadingly known as the King James version, Jesus refers to the Holy Spirit as the 'Comforter'. By that he does not mean your favourite blanket: he means that the Spirit makes us all strong together. (I could go into the Latin roots, but I am sure you would rather I didn't.) We are strong together if we have good relationships at the core of our being – good relationships with those we like and with those with whom we find it difficult to get on; good relationships which show themselves in our readiness to help others and to be helped by them. It is the mark of maturity in society as well as in individuals when we accept that seeking help is a sign of strength, not of weakness: that we are made as different individuals with different talents, gifts, abilities and personalities so that we can be strong together and depend upon each other.

It would be so good if we manage to retain as our anthem the words of that great hymn:

*Brother, sister, let me serve you,
Let me be as Christ to you,
Pray that I may have the grace
To let you be my servant too.*

Nicholas

KEEPING IN TOUCH

There are many ways in which we are trying to keep everyone in touch at the moment but, as with everything, I am sure we could be doing more.

On a deanery level Anne Lloyd, our Deanery Mission Coordinator, is sending out regular emails about things in the deanery. If you are not on her receiving list, do drop her an email at abbeydoredmc@gmail.com. As not everyone is on email, she is also posting hard copies out. If you would like to be on that receiving list, do give her a ring on 07432 873422.

The Abbeydore Deanery Facebook page is a veritable treasure chest of resources. At the time of writing, there are 220 members of the group, some of whom have joined Facebook simply to be members. It is the easiest thing in the world to join them!

I am emailing out weekly letters to people in the benefice with news and views for them. If you are not on the receiving end and would like to be, drop me a line at lowton.nicholas@virgin.net. If you are not on email and would like copies, do please phone Anne Lloyd - number above - and she will make sure that happens.

I am trying to phone as many people as possible each week, but finding slots has been problematic. If you would like to be added to my list, give me a ring on 01981 510675. We have within the benefice trained Pastoral Visitors. If you would like regular contact with one of them, please let me know.

A group of us is meeting on line every Wednesday evening for the wonderful and peaceful service of Compline. If you would like to join us, do please drop me an email.

And we keep together quietly. I have suggested that we set aside 8.00pm on a Tuesday for quiet prayer, and it is immensely powerful, believe me, to know that people are praying together, even when you can't see them. If there is ever anyone or anything that you would like prayed for at that time, do please let me know.

Nicholas

A PERSONAL NOTE

A number of you have kindly asked what is happening about my being made a Prebendary of the Cathedral, an event scheduled to take place early in May.

Well, there is news. The process, apparently, takes place in two stages: in the first, the person is made a Prebendary by the Bishop. (This is the bit called the collation). This is now going to take place by Zoom on **Tuesday June 9th**. The second stage is where the Prebendary is installed in his seat in the Cathedral by the Dean. This can obviously only happen when the Cathedral is reopened. It will be a public event, and I will let you know when that will be. So, as from June 9th, I will be a Prebendary, and as from some later date I will be Prebendary of Putson Minore, no less.

Nicholas

HARVESTS (PART 2)

Last issue I asked for your views on how we should do Harvest Thanksgiving services in future. Well, a goodly number of you have replied. Of those, two people thought we should have two services, and everybody else thought we should have one, and make something of it with things like Farmers Markets to go with it. This has given a lot of food for thought. Any more views would be most welcome.

Nicholas

Deanery Events

ABBEYDORE DEANERY – THROUGH AND BEYOND CORONAVIRUS

As the circumstances of the current time continue to impact our lives, we hope that you've experienced some of the goodness, generosity and faith that abounds in our area.

We recognise that Covid-19 restrictions at various levels and social distancing will inevitably be part of our lives for some months to come and that this presents a challenge for us individually and our churches too. This challenge exists on lots of levels: spiritual, emotional, physical and financial. But, as Christians, we are people of hope and not of despair, and even in these times we have good reasons for hope. Perhaps we could all use this time to:

1. Consider what is emerging that is good and of value and continue and develop this.
2. Begin to think and pray about what we'll do when we are able to re-open churches: Who will be able or want to come? How can we use the space? How can we be open for all and provide a welcome? How can we re-establish thriving church communities in our area?
3. Look forward to a time when we can worship together, using the lifting of restrictions and working with those that will remain in an imaginative way. Offering a range of services that respect and continue our traditions whilst making the church appealing for everyone.
4. Be thankful and show gratitude for all the ways we've seen the church at work within our communities delivered by ordinary people, not just ones wearing dog collars, and ponder how we can continue this into the future.

Some say, "the churches are closed, everything has stopped"...but this is far from the case. The church here is very much open.

We've moved online, offering a Sunday service, as well as online events too...Messy Church, Filling Station, After-Sunday service chats and Tea with the Vicar. Just take a look at Abbeydore Deanery YouTube Channel to see for yourself or join the Abbeydore Deanery facebook group.

Of course, many within our community do not have internet access and so we do a bi-weekly postal mailing with prayers, services and updates. Our church members and pastoral visitors are very good on the phone and incredible at showing love and generosity in our community. Our Rural Pioneer Priests continue to offer their usual services albeit in different and extended ways – some are food bank delivery drivers!

Like the rest of the country, we're waiting and making plans about how we can move forward to what we might become

as well as what we have been. And we'd like you to come with us, so, if you're thinking – "I didn't know about anything about this" – we can fix that! Just email abbeydoredmc@gmail.com or ring 07432 873422 and we can add you to our (e)mailing lists or put you in touch with someone for a chat. Please remember, we're not closed, we're open – come in!

Thanks

ALAN DAVIES

Sylvia and the girls would like to thank you all for your support, flowers, cards, cakes and kind donations throughout our heartbreaking time in our lives without Alan.

We are very humbled and grateful for all your support; it has made our dark days brighter. The total amount donated has reached £2,000 which will be given to Longtown Village Hall.

We would also like to take this opportunity to wish you all safe and well in the very strange times we are experiencing.

Sylvia Davies

LETTER FROM JOHN PRINCE

I have been visiting Longtown for 30 years to stay with my daughter Sarah Cleaver and my dear late son-in-law Paul. A few weeks ago Sarah suggested I closed up my place in Cheltenham and became "locked down" in Longtown – so hence I am enjoying country life!

I'm getting to know friendly folk on my 30 minute walk and their lively children and dogs – all 2 metres away!

Everyday, wonderful "Hopes" has got my Times for Sarah to collect and every two weeks "Private Eye" magazine is available.

God bless you all in Longtown and keep yourselves safe.

Yours sincerely

John Prince

Forthcoming Events

LLANVEYNOE CHURCH

Cancellation of the Progressive Supper

We are so sorry that the planned Progressive Supper to have been held on **Friday June 12th**, has had to be cancelled. We feel that the situation is very unclear at this moment, and we would prefer to postpone it until later – possibly looking at a date in September.

We are all extremely disappointed, and hope you will accept our apologies.

Fingers crossed that we can enjoy our Special Evening later in the year!

Pamela Tribe

Editor's apology: This item should have appeared in the May edition but was accidentally omitted. I sincerely apologise to everyone affected.

CONCERTS FOR CRASWALL

Sadly, but somewhat inevitably in the current circumstances, the officers and trustees of Concerts for Craswall have decided to postpone the remaining concerts planned for 2020.

Whilst it has been hugely disappointing to have to cancel or postpone concerts, the current lockdown and substantial uncertainty surrounding the future has meant there is no realistic chance that these concerts could go ahead.

Please be assured we are actively seeking to rearrange the planned performances for a date when the current coronavirus crisis has abated, and continue with plans for our 2021 and 2022 seasons.

More information regarding those future plans will be available soon on <http://concertsforcraswall.org> and we will continue to use local parish magazines to inform you all too. If you have already purchased tickets for one or more of our 2020 concerts, you will hear from us in the coming weeks outlining the options available to you.

In the meantime, all Concerts for Craswall officers and trustees offer their very best wishes to you during this challenging and unprecedented time.

Julie Holmes
Coordinator & Members Secretary
01981 510112 / info@concertsforcraswall.org

NEWTON ST MARGARETS WOMENS GUILD

Dr Ruth Richardson has kindly agreed to give us her talk on Herefordshire Field Names next year.

We hope to be able to meet again in the autumn maybe in time for **Hillbilly Gin Tasting** but in the meanwhile please do keep in touch. Tel 07794 920729.

MICHAELCHURCH FLICKS IN THE STICKS

Two live shows have been booked for later in the year:

21st November 2020

An Evening of Victor and Albert

Songs of merriment with some slapstick.

29th January 2021

ALAW; World class Music from Wales.

Hopefully **FLICKS** can return for you before then but there is always our extensive DVD library to resort to. Honeylands and Biggest Little Farm are much in demand!

Phone 07794 920729 for further information.

Best wishes from the Flicks Team.

LONGTOWN THURSDAY CLUB

I very much regret to have to write what is becoming a sadly familiar message: that it seems wise to cancel all meetings and activities scheduled for June. In the unlikely event that circumstances change, all members will be contacted individually.

Pauline Jones (01873 851782)

Local Newsround

MICHAELCHURCH ESCLEY PRIMARY SCHOOL AND PRESCHOOL

By the time you read this it is possible that there will be a more general return to school for some children. The past two months have undoubtedly been the most unusual and unsettling months of my career and saying good-bye to the children on the Friday evening at the start of the lockdown period was extremely emotional for all concerned.

However, through these difficult times we have really been able to see the true mettle of our children and families. Despite often finding the isolation difficult and the home-schooling challenging, the positive resolve displayed by our school community has been truly inspirational. And difficult as this period is for adults, we need to remember that our children have had to deal with a total disruption of their lives; no meeting with friends, clubs, swimming lessons etc. All

these activities and weekly routines came to a sudden end at the end of March. Stop. Stay at home. Despite this, our children and children across the country have demonstrated resilience and resolve to support the efforts of our nation to defeat the Covid-19 virus which we should all be proud of.

At Michaelchurch our staff have continued to supply weekly timetables and work for our children online, using Seesaw to allow children to upload their home schooling work, a photo of themselves or anything else which has engaged them this past couple of months. Many of our children, and parents, have also been tuning into PE with Joe Wicks on a daily basis. Our priority throughout the lockdown has been the mental and physical wellbeing of our school community and our expectations in terms of home schooling have reflected this.

In an attempt to bring a smile to everyone's faces, the school staff have also been engaged in a spot of film making! *Michaelchurch Memories* and *The Great T-Shirt Hunt* can both be viewed by popping onto our school Facebook page or entering the film names into the YouTube search bar.

Finally, I would like extend my best wishes to our whole community and hope that everyone is coping well and staying healthy in these challenging times.

Louise Crocker
Headteacher

LONGTOWN AND DISTRICT WI

This month our members have been busy sewing 185 laundry bags for medical staff at Hereford Hospital. Other WIs in Herefordshire joined in the effort to reach an amazing grand total of 1,609 bags.

Some of us are now sewing scrubs for Hereford Hospital and Ewyas Harold Surgery. In a time when meeting up is no longer possible we have enjoyed working towards a common goal and helping our community in the true spirit of the WI.

Libby Davis

Round and About

VOWCHURCH

In the absence of the regular Vowchurch Market, Alex Gooch bread will be on sale on alternate Saturdays for collection at Vowchurch Village Hall. Contact Jane on 01981 550791 or janeheatley@gmail.com to place an order.

We believe that all Vowchurch residents who may need support, food delivered or prescriptions collected have been identified and contacted. However if anyone knows of someone in need, please contact Jane at the above number/email.

VaT50: winners of the April draw were Steve and Ginny Edwards (£50) and Stella Levinge (£20).

Jane Wheatley

Notices and Advertisements

WANTED

3 Bedroom House to Rent

In rural Golden Valley

We have 2 small French Bulldogs

Very well house trained

Excellent references can be given

Tel: 07401 328003



01873 860 444

Mon, Tues, Wed, Fri:	7.30 am - 5.30 pm
Late night Thurs:	7.30 am - 7.00 pm
Saturday:	7.30 am - 4.00 pm
Sunday (May - Oct):	10.00 am - 2.00 pm
(Nov - April):	10.00 am - 12 noon
Bank Holiday Mondays	10.00 am - 2.00 pm

The difficult part

I don't know about you, #StayAlert just seems odd. It's a virus you can't see, it doesn't alert you, there are no bright red spots of flashing lights for danger all we can do is continue habits for prevention.

- Please sanitise your hands on entry and exit to the shop
- Please only three shoppers at anyone time
- Please one shopper per household, allowing three households to shop at once

If you have had a letter or need to self isolate, if only for two weeks as a friend or family join you in your home. Our same day Personal Shopper service 01873 860444 can be used as often as needed.

Are you struggling to pay for something you need that we stock it in the shop? It may be too awkward to ask us for help/support and we totally understand you may not want us to know. Help is at hand via the **Longtown Community Network**, which offers help confidentially. Please do call them on **01873 280028** from **6.00am in the morning to 10.00pm at night**.

LONGTOWN POST OFFICE

Saturday 9.00am ~ 11.00am & Monday to Friday 10.30am ~ 3.30pm

When visiting the Post Office plus use the hand sanitiser at the counter, to keep you and us safe.

Looking at changing your mobile tariff? **Top up your mobile phone** at Longtown Post Office. Plus when the Post Office is not open, you can leave your card and cash with our unique out of hours PO service, we will complete the transaction as soon as possible. Next time you are in the shop you can collect your receipt and change.

Keep track and **pay your council tax, BT, Water, nPower**, at the Post Office on a day you choose. Come and talk to us about other bills you can pay.

Taking charge of your finances and stopping Direct Debits? If an invoice has a barcode on it, it is likely it can be paid at the Post Office when you want. Plus you can leave cash or a cheque to pay it with our unique out of hours service.

Your local Bank - We have seen a shift for those wanting to bank at the Post Office for personal and business reasons, thank you we need the custom.

- Using your bank card you can pay cash into most personal and business bank accounts
- Using a personalised paying in slip you can pay cash into your personal and business bank accounts
- Using a personalised paying in slip and an envelope you can pay cheques into personal and business accounts. We have the paying in envelopes, please ask us for spare ones if you are self isolating and wish to prepare in advance.

How to get supplies from us – The Details

When self isolating, call us **01873 860444** for our same day personal shopper service

1. We will call you back on a different number to keep our telephone line clear

Continued...

2. We collate your items when you are on the phone, offering alternatives where needed.
3. Scanning it through our mobile till at the same time, then we take payment over the phone by card.
4. If you can drive we will put it in the boot of your car or we will arrange to have it delivered.

If you can't pay by card we are happy to accept cash or cheque this is not a problem.

Our refill shed is still operating **Thursday between 3.00pm and 6.30pm** you can refill as little as 100ml at any one time. Appreciating habits need to change everyday we have 5 litres of laundry fragrance free and lavender liquid, fabric fragrance free & lavender conditioner, toilet cleaner, original & pink grapefruit washing up liquid, multi surface sanitizer, all purpose cleaner, home & garden sanitiser and Fragrance Free handwash. When we have empty branded bottles back or matching sizes we are also trying to prefill popular lines such as washing up liquid to make it all easier.

June Truffle Treat, when spending £15 choose a **FREE Rowlestone Ice-cream** treat pot, flick the cardboard top off take the spoon out and enjoy straight away. (This also applies to telephone orders, please do tag us and Truffle Herefordshire in your pictures)

We have such an **eclectic variety** of stock, just ask us.

Hopes of Longtown – Open seven days a week 01873 860444

www.hopesoflongtown.co.uk / @HopesofLongtown / info@hopesoflongtown.co.uk

join our Facebook group Hopes of Longtown and post community/charity events for free

Like our Hopes of Longtown business page to keep up to date with news

Tag us in your passion for food and community via Twitter / Instagram / Pinterest / Facebook

Black Mountain Group Newsletter ADVERTISING DIRECTORY

Contact: Jill Cook

Clodock Mill, Longtown, Hereford HR2 0PD

01873 860408

jill@clodockmill.com

Accommodation services

Rock Cottage B&B

St Margaret's lovely, secluded B&B
with a touch of luxury!

*Cosy log fire, Good food with
varied breakfast menu*

Evening meals by arrangement
Sawdays listed: 01981 510360

robinsrockcottage@gmail.com
www.rockcottagebandb.co.uk

Agricultural services

MARK LEWIS

AGRICULTURAL, DOMESTIC &
EQUESTRIAN

HEDGE LAYING, FENCING &
FIREFWOOD PROCESSING

TEL: (01981) 241115

MOB: 07807 079027

ANDREW PHILLIPS, GLANDWR FARM

Agricultural & Domestic Weed Control
Large and small areas

Fencing and Ditch cleaning

**Small and large bales of Hay
and Straw**

Any amounts

01873 860208 / 07903 933820

Visit



COUNTRYSTORE –

Suppliers of Point of Lay Hens from £10, Pygmy
Goat Kids, Sheep, Miniature Pigs, Ouessant
sheep & Alpacas.

Manufacturers of Poultry housing, Multipurpose
Arks, Livestock Field Shelters, Runs & more.

Open Tues – Sat 9.00am – 4.30pm

**OFF A49 - THROUGH
VILLAGE CENTRE**



JG Price & Son

Plant and Precision engineering

Mobile welding and fabrication

**Plant repairs and
mobile line boring**

**General machining,
spline and gear cutting**

**Caterpillar 951C traxcavator with
4in1 bucket and brush fork
available for hire with driver.**

Tel: 01981 510 522

Animal care

Posh Paw's

Professional Dog Grooming Service

Washing – De-Fleaing – Ear Plucking
Nails Trimmed – Hand Plucking/Stripping
Clipping

City and Guilds Trained
Fully Qualified Domestic & Commercial Friendly
Reliable Service Reasonable Rates
All Breeds Welcome

For further information, friendly advice
or to book an appointment
please contact Becky
07980 889 810
thebarn84@gmail.com



The Wild Bird Store

Wild Bird Food and Accessories

01432 340500
www.thewildbirdstore.co.uk

Free delivery in Herefordshire
every weekday from 12.30 pm

Or call in and collect
49 Rural Enterprise Park
Vincent Carey Road
Rotherwas HR2 6FE
Open Monday to Friday
09.30 - 12.30

Call for your free 24 page catalogue

Blackhill Donkeys

Donkey Workshops at the farm
Donkey Lessons
Donkey Rambles

Helping you with your
donkey – home visits

Contact Sue
01981 510269 siouxdoyle@hotmail.co.uk



OSCAR

much more than pet food

Do any of these apply to your pet?

- Delicate Stomach
- Itchy skin
- Joint Problems
- Overweight
- Fussy Eater
- Dull coat

Or do you simply want a
Good Quality Food at a Fair Price?

Oscar Pet Food is made in Britain by an independent
family run business. We have been providing FREE home
delivery for 20 years across the UK and are now in the
Herefordshire area.

- Quality Ingredients
- Puppy to Senior
- Honestly Labelled
- Complete Foods
- Made in the UK
- Complete Cat Food
with Dental Care



Why not try our Quality and Service with an
OSCAR Starter Pack?

Dog or Cat Starter Pack:
Food, Treats and
Storage Bucket only

£5
Plus £5 off your first order!

For further details and to order please call Nic
on 01981 510133 or 07521 607029

nic.kinch@oscars.co.uk
www.oscar.co.uk
FREE DELIVERY!

Four Paws Kennels

A local kennels for all your dog's
needs while you are away - even
for one day.

Individual attention, heated
kennels & exercise paddock so
your dog enjoys its stay.

Daily hours of business:
9am-11am & 4pm-6pm

Special Arrangements
apply for bank holidays

Tel Janet on: 01873 860237

Arts

THE HAY BINDERS (Christine Cleaton)

Repair, restoration and rebinding of cloth
and leather bound books.
New binding in historic or modern styles

The Blacksmiths Shop, Lion Street,
Hay-on-Wye, Hereford. HR3 5AD
Tel: (01497) 820840 or (01981) 510674
www.thehaybinders.co.uk

MIRANDA COOKE LTCL GTCL

Piano teacher

Encourage – Inspire – Achieve
25 years' experience of teaching beginners to
advanced, aged 6 to adult. Grade exams or
playing for pleasure.

Member of EPTA. DBS approved.

Tel: 01981 510570

mirandascooke@btconnect.com

Business & Financial

frball
INSURANCE LTD

Agricultural Insurance

INDEPENDENT ADVICE • COMPETITIVE COVER
50 YEARS EXPERIENCE

Are you paying too much for your insurance?

Our team of independent brokers have been arranging
commercial insurance for over 50 years and can provide
cover for all farms and rural businesses.

If you're not satisfied with the cover you have,
pick up the phone and give us a call!

T: 01873 857533 E: neil@frball.com
W: www.frball.com

POWELLS
CHARTERED SURVEYORS • LAND & ESTATE AGENTS

Lyn Wood-Cole
Senior Sales Negotiator

CHARTERED SURVEYORS • LAND & ESTATE AGENTS
RURAL PROPERTY SPECIALISTS

Singleton Court Business Park, Wornastow Road, Monmouth NP25 5JA
Telephone: 01600 714140 • Mobile: 07464 941417
Email: lyn.wood-cole@powellsrural.co.uk
Website: www.powellsrural.co.uk

Kymin

Contact Simon Aston
on 01633 840000

For advice on Savings, Investments
and Retirement Planning

www.kymin.co.uk @Kymin

T: 01633 840000 E: info@kymin.co.uk

Kymin House, 35 Bridge Street, Newport, South Wales. NP20 4BH

Kymin Financial Services Ltd is Authorised and Regulated by
the Financial Conduct Authority, Firm Ref No. 188915

In-House Service of Full Colour Print and Embroidery

Clothing available from over 120 Brands For

Workwear	Corporatewear
Sportswear	Leisurewear
Safetywear	Teamwear
Schoolwear	Collegewear



Full Range Of Promotional Products Also Available

37 Cross Street Abergavenny NP7 5ER

Call us today on 01873 860844

admin@dynamitebranding.com
www.dynamitebranding.com

aat Are you fed up doing paperwork?
Don't have the time? Or the inclination?
I can provide OFFICE HELP

qb Book Keeping, Admin / Secretarial

Regular or short-term work
or one-off projects.
Based at your home/office or
I can work from mine!

sage AAT Book Keeping qualification
Book keeping in QuickBooks, Sage or Excel
Admin/Secretarial work in Microsoft Office
Could I take the pressure off you?

x Email: nicshort30@gmail.com
or give me a ring on 07792 713581

ryeland
rural bookkeeping

VAT Farm accounts Payroll Quickbooks

01873 860617

Kim Mather MSc MICB PM Dip
ryelandbookkeeping@outlook.com

HOPE TO ACHIEVE

Helping enterprise to flourish

Chief Helper
Christine Hope

07875 384439

www.hopetoachieve.co.uk

Passionate about rural business,
entrepreneurship and
making a difference

The Crown Inn

Traditional Sunday Lunch Served
All Day Sunday Restaurant & Bar

Meals served every day (except Wednesday during term times)

Real Ale & Local Ciders *B&B Available Outside Bars & Catering
Theme Nights, Beer Festivals, Live Music
Please check for forthcoming events

The Crown Inn, Longtown, Hereford. HR2 0LT

Tel: (01873) 860 217

www.crowninnlongtown.co.uk



Health and well-being



Anita

MOBILE UNISEX
HAIRDRESSER

01873 860279

HEALING-SHIATSU

Christopher Sheehan. HSEC. FwSS.

Sessions in Hereford and Longtown

chris@eryritai-ji.co.uk

01873 860667

07870 149 745

www.eryritai-ji.co.uk

Natalie's Beauty Salon

Waxing, Facials, Massage Manicures,
Pedicures, Tinting, Make Up
St Tropez Spray Tanning

Westwood, Ewyas Harold

Tel: 07813120172

Food & Catering

Rowlestone Farm Ice Cream

Ice cream parlour on farm coffee shop & light
lunches. Woodland walks & play areas.
Ice cream for sale on farm all year round

OPEN

April to the end of September

11 to 4 Wednesday -to Friday

11 to 5 Weekends & Bank Holiday Mondays

Tel: 01981 240322

info@rowlestonecourt.co.uk

WHITE HAYWOOD FARM

Fully Licensed with B&B Accommodation

Craswall, Hereford. HR2 0PH

Tel 01981 510 324

email: info@blackmountainsfarmrestaurant.co.uk

Unique & Where local means Home Produced!

Traditional Meals/Snacks all Home cooked.

Happy to accommodate any lunchtime

or dinner please just telephone to book

We also cater for ALL private parties & functions

CHIP Shop takeaway or eat in out of the paper

Thursday's 5 - 7.30pm

www.blackmountainsfarmrestaurant.co.uk

Reflexology

A relaxing, non-invasive treatment on the feet and
hands which can help to:

Release tension

Aid Sleep

Encourage the body to re-balance naturally

Provides a complementary treatment to conventional
healthcare.

AOR registered (hot stone and VRT – vertical
reflexology also available).

01873 860358 email: sophia@blackmountainsbarns.co.uk



black
mountains
BARNs

<http://www.blackmountainsbarns.co.uk/wellbeing/therapies>

SARAH L. HOPE BSc. (Ost)

Registered Osteopath

Old Hall Farm, Orcop, Herefordshire HR2 8ET

Tel: 01981 580 371

HOUSEKEEPING SERVICES:

Whether you're looking for help with cleaning,
vacuuming, dusting, laundry, preparing delicious
meals or running errands, my range of
housekeeping services can ease the pressure and
keep your home exactly the way you like it.

General Duties include:

Cleaning Services & Vacuuming. Laundry & Ironing.
Shopping & Running Errands. Ad Hoc Cleaning Tasks.

MARY J JONES

Kings Thorn, Herefordshire HR2 8AW

Tel – 01981 540242

Mob – 07977668725

Email: golfings@icloud.com

Personal and Family Support

Life can be complicated. If you, your family or someone you
care about are having a tough time I offer social, emotional
and behavioural support. From an informal discussion (cake
optional...) through to intensive mentoring, together we can:

Gently explore what is happening.

Set simple goals so the positives replace the not-so-
positives.

Find and use your strengths to help you be kinder to
yourself.

Impartial, consistent and objective support
from someone with over 20 years experience.

Support grounded in Social Work Theory and
Evidence Based Practice.

Acceptance and encouragement

Reassurance of what is working well. Flexible times
and places to meet.

Prevention of issues worsening.

Improved self esteem and confidence. Improved
relationships.

A stronger, happier you.

Patient - Sensitive - Friendly

For a free initial discussion
please call me anytime on

07973 332990 / (01981) 570763

at www.carlgriffithssupport.org or
email: carl.griff071@gmail.com

I'd like to help.

Green Queen Bee

Pure beeswax food wraps to reduce
the use of cling film in the environment.

£12 per set of 3 useful sizes

E: greenqueenbeewraps@aol.com

for info. on use, fabric designs or to order direct.
Postage: £1 extra

THE BRIDGE INN

MICHAELCHURCH ESCLEY

HR2 0JW

Riverside Bar, Restaurant

& Accommodation

Eat, Drink & Enjoy

TEL: 01981 510646

Yoga Classes and Day workshops

Come and join us in our beautiful, heated and fully
equipped yoga studio (no need to bring anything but
yourself!).

We offer a variety of classes suitable, from Gentle
(suitable for beginners) to more advanced. Private lessons
are also available.

For more details of the timetable, events and prices please
look at our website:

<http://www.blackmountainsbarns.co.uk/wellbeing/yoga>

Or contact Sophia: Tel: 01873 860358

email: sophia@blackmountainsbarns.co.uk



black
mountains
BARNs

Home and Domestic

Sparky's LOGS

All seasoned hardwood
Free delivery, Kindling also available
01873 860561 / 07889 946892

ASK GABZ

READY TO HELP YOU!!

CLEANING, HOUSE KEEPING, HOUSE & ANIMAL SITTING etc
All types of cleaning – Private houses & House Keeping
service for Holiday Homes/Lets/B&Bs etc.

High standard of work.

All aspects of Horse Help undertaken
Clipping, sale/show prep, local horse transportation.
Experienced and capable rider and Groom.
Happy to tackle a wide range of jobs, No job too small.

Just Ask Gabz!!!!

Reliable, Local, Friendly, Helpful

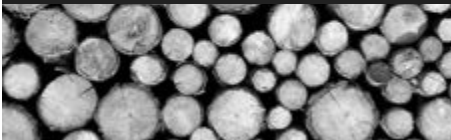
Excellent references available. Non Smoker

Tel – 07875 535 619 / 01981 510606

Email – askgabz@yahoo.co.uk

LOGS FOR SALE FREE LOCAL DELIVERY

PLEASE CALL – 01981 510292



Local Makers

Sew JoRe

Jo Rowland

Dressmaker

Clothing, costumes and soft furnishings

Fountain Cottage
Newton St Margarets
Hereford

HR2 0QW

jo.rowland@hotmail.com

01981 510136

07917 125053



**anthony
craib**

furniture maker

custom made to your requirements
from local timber

01981 510153

marlborough grange, newton st. margarets
anthonyandbenna@tinyworld.co.uk

FIONA'S FURNISHINGS

For all your soft furnishing needs –
curtains, pelmets, blinds, cushions, bedding and more

Please contact

Fiona Witcher

01981 242040 / 07811 396258

City & Guilds qualified. Free home consultation.

THE GUN WORKS

Airguns
Shotguns
Rifles

Servicing, Repairs,
Alterations, Refinishing and
Gun Fitting.

Registered Firearms Dealer
Contact James Phillips

07503 616760

james@thegunworks.co.uk

www.thegunworks.co.uk

Maintenance & Services

KEITH J. HARRISON

Piano Specialist

All types of Grand & Upright pianos
tuned & repaired



07443 948094

Personal services

Golden Valley Funeral Services

Independent Funeral Directors

Tel: 01981 257203

(24 Hours)

Unit 3, Wormbridge Court, Wormbridge,
Hereford, HR2 9DH

TED WILLIAMS & SONS

Established 1883

**FUNERAL DIRECTORS &
MONUMENTAL MASONS**

Pre-paid funeral plan available
A locally owned family business serving the Abergavenny
and surrounding districts for over 100 years
Dedicated Chapel & Rest Rooms • Private Car Park at
Park Road Funeral Home, Abergavenny
Telephone: 01873 853942 or 854358

Produce and Products

THE GOAT COMPANY



Luxury Mohair products from
our prize-winning flock of
Angora Goats. Our renowned
Socks!, Blankets, Knitwear,
Accessories and Much More.

Visit the shop and meet the goats.

Darren Farm, Llanveynoe

Tel: 01873 860240

Open 11am to 4:30pm except Sundays

Property services

**Martin
Griffiths**

BUILDING CONTRACTOR

Stonework & Oak Framing
Barn Conversions & Renovations
New House Builds & Extensions
Septic Tanks & Bio-discs Fitted

Tel: 01873 860656

Clodock, Herefordshire



Glass Grass

01873 860558
07816 131455

Established • Reliable • Local

WINDOW CLEANER

Traditional Hand and Ladder Cleaning
A personal, professional gleam & shine every time

Grass Cutting, Strimming

& General Garden Maintenance

Call Malcolm Lewis to take the hassle out of your Glass & Grass

COLEY'S



All aspects of groundworks, construction and steel
building erections

We specialise in:

Ground source heat systems

Electric cables

Ponds/lakes

Treatment plants

Supply & disposal of soils

Tree shear with 300mm cut

Bulldozing

Tractor & Dump trailer hire

Footings

Concreting

Ditching

Pipe laying

Site clearance

Muck away

Driveways

Drainage



Contact: Tommy Wood-Cole

Phone: 07964355422

Email: TommyWood-Cole@hotmail.com



MATTHEW MAFLIN PROFESSIONAL PAINTING AND DECORATING SERVICES

Internal and exterior decoration

Tel: 01873 860867

Mobile: 07497258129

matthewmaflin@gmail.com

Public Liability Insurance held

References available on request

Garden Maintenance Services Local



All kinds of maintenance work undertaken, matter how big or small, mowing, trimming (including trees), pruning, weeding, planting, general tidying



Telephone/ Text
07584 756073
for a free no
obligation quote



PLUMBER

RSL PLUMBING

Rob Stockton-Link

0777 231 6398

Any plumbing jobs,
big or small.

DECOR SOLUTIONS

tjsj@me.com

Painting & Decorating

Tim Jones

Tel 01981 540242

Mob 07810 895355

3 Generations of experience,
specialising in Painting & Decorating
services.

General property maintenance
duties carried out.

Fully insured.

Good competitive rates.

A high standard of workmanship &
customer satisfaction guaranteed.



**P.J.
WATKINS**

GENERAL BUILDER &
ROOFING CONTRACTOR

MEADOW BANK, LONGTOWN,
HEREFORDSHIRE. HR2 0NA

TELEPHONE: 01873 860683



**DOMESTIC & COMMERCIAL
PEST CONTROL SPECIALISTS**

01873 830204

Bees • Wasps • Flies • Ants
Rats • Mice • Fleas • Moles

info@pandpppestcontrol.co.uk



RP ELECTRICAL

All Electrical Work Undertaken

Including:

Testing & Inspection

PAT Testing & Fault Finding

All carried out by Qualified Electrician

roger.probert@icloud.com

07814 008626



Richard Watkins
01981 240 795
07947 959 452

MARTIN WATKINS ELECTRICAL CONTRACTING

New House, Cobhall Court,
Allensmore, Herefordshire. HR2 9BG

Email: mwelecon@gmail.com

Tel: 07974 244653

Part P Registered

Domestic, Agricultural, Commercial, Electrical
Installation, Maintenance & Inspection & Testing

Kevin Williamson

Mob: 07810 288115

Evenings: 01432 378163

kwilliamson027@hotmail.co.uk

K&D building and landscaping

All aspects of building new and old
undertake

Drainage specialist/septic tanks

Fencing specialists

All aspects of landscaping/
patios/decking /ponds/retainers
and stone walls

All internal work carried out

Over 20 years experience between
us and a large portfolio

Traditional Joinery

Quality, Bespoke Handmade Service
Doors, Windows, Conservatories & Much More
Unit 1, Ramsden Court, Ramsden Road,
Rotherwas, Hereford. HR2 6NT
Tel: 01432 379635 • Mobile: 07766 615266
www.traditionaljoineryhereford.co.uk
Contact us for a FREE Quote

Woodland and Garden

Scrub Clearance and Timber Extraction

Most types of scrub and woodland cleared,
including brambles, bracken and gorse, as well
as meadow/small field topping. Sloping and
narrow access areas reached using compact
(Alpine) tractor semi-offset topper and
mulching flail.

Timber forwarding service also available.
Felled timber moved using Alpine tractor and
trailer with crane.

Call Ben Hill

01981 510136 or 07990 638125



AVALON TREE SURGERY

WE CARE FOR YOUR TREES

MATTHEW THOMAS
OVER 10 YEARS EXPERIENCE
NPTC QUALIFIED
FULLY INSURED

WWW.AVALONTREESURGERY.CO.UK

01981 541307

07794 569284

ALL ASPECTS OF TREE WORK UNDERTAKEN

TUGWELL TREE SERVICES

For a professional service in all
aspects of tree care, including
Pruning, Felling, Planting
Supplying Trees & Shrubs and
Hedge Maintenance

Specialists in:

Tree Reports & Surveys,
Stump Removal with a
High Power Narrow
Access Stump Grinder
for all those inaccessible
stumps



DAVID TUGWELL Tech Cert. Arbor A
Bridge End, Newton St Margarets. HR2 0QP
Tel: 01981 510104 / 07968 093898

ALL CHURCH SERVICES ARE CURRENTLY SUSPENDED

LONGTOWN COMMUNITY NETWORK

LOCAL CORONAVIRUS HELP

If you require help of any sort, or know someone who does, please contact

www.longtownvillagehall.org.uk/cv19

ewyas.lacey@gmail.com

01873 280028

Helpline open 6.00am to 10.00pm, answerphone at other times

Clodock, Craswall, Llanveynoe, Longtown,
Walterstone & surrounding areas

Food Bank

We are collecting dry food items & household essentials for local people who may be struggling to get food & essentials for them & their families, during these difficult times.

Donation Points

Clodock Church Main Doorway

Hopes of Longtown

Longtown Outdoor Centre

At this time we are only able to accept items which may be stored without the need for a fridge or freezer.

We can only accept items in the original unbroken packaging.

If you need help or have any concerns please call

01873 280028

or visit

www.longtownvillagehall.org.uk/cv19

Please do not make a special journey to donate to the food bank.
Try to incorporate a donation into a necessary trip.

Food parcels are available for delivery or collection for anyone that may be struggling either financially or through ill health, change of circumstances etc.

Also, if you are **in receipt of a vulnerable persons box** and would like to top up with some fresh fruit or vegetables, please contact us using the details above.

Free sunflowers



As a symbol and reminder of the kindness we have experienced in our community, please collect sunflower seedlings from a table outside Hope's.

Take as many as you will plant, where all can see and in a month or so we might have a great array of sunflowers smiling at us as we walk through the village.

Used pots can be returned and will be gratefully received.

Golden Valley Safer Neighbourhood Team
Peterchurch Police & Fire Hub, Hereford HR2 0RU. 01981 550253

PC 3687 Jeff Rouse 07870150972

PCSO 6173 Fiona Witcher 07773 054 582

PCSO 6378 Pete Knight 07773 053 919

fiona.witcher@westmercia.pnn.police.uk

peter.knight@westmercia.pnn.police.uk

Contact: 101 ext 4820 – Email: goldenvalley.snt@westmercia.pnn.police.uk

